

ORDER OF THE LITTLE FEAST

SMALL-FEAST RESTAURANT REQUEST

I have had bariatric surgery and may only be able to eat a small portion. If possible, I would appreciate help choosing or ordering a smaller meal.

Helpful options, when available:

- Half or lunch-size portion
- À la carte protein or side
- Share/split a meal
- To-go box when the meal arrives

Thank you for helping make a small feast possible.

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A NOTE FROM THE TRAVELER

I am not asking the restaurant to provide medical advice or guarantee that a dish meets my individual dietary needs. I am simply requesting flexibility with portion size or ordering when practical.

Please feel free to tell me if a request isn't possible.

THE ORDER'S RULE:

A smaller plate should never require a larger explanation.

orderofthelittlefeast.com

Courtesy card only - follow your own care team's guidance.

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